



Member of the British Judo Association Club Number 181



WELCOME & INTRODUCTORY LETTER TO PARENTS/GUARDIANS

On behalf of **TONBRIDGE JUDO CLUB** I would like to welcome your child to the Club and provide you with some information about its activities. The Club provides opportunities for young people from the age of 5 to receive coaching and enter competitions in Judo. All coaching is by qualified British Judo Association coaches who are trained and have been screened for their suitability for working with young people.

We welcome parents to all training sessions and competitions and value their support. We are keen to try and involve parents in the Club's activities and would like to invite you to contribute towards the success of the Club by liaising with the members of our committee. Below is some information about training times and dates, and details regarding travel arrangements, kit and Club registration.

Training sessions take place on;

- Mondays
 - 1930hrs – 2130hrs – Open technical and randoori session
- Wednesdays
 - 1700hrs – 1800hrs for 5-7 years old
 - 1800hrs – 1900hrs for 8-12 years old
 - 1900hrs – 2000hrs – England Excel technical training – invited players
 - 2000hrs – 2130hrs – Open Randoori for all suitable players
- Fridays
 - 1800hrs – 1930hrs for Junior Judo
 - 1930hrs – 2000hrs fun circuit training for all
 - 2000hrs – 2130hrs for performance minded players
- Saturdays – competition minded players. Session will be confirmed on a Friday
 - 1300hrs – 1415hrs fitness training (Tonbridge Sports ground unless notified)
 - 1430hrs – 1600hrs technical training

These details can also be found on the club notice board.

For Safety and security reasons, children MUST be collected from the Dojo and not the car park.

Training takes place at the Swanmead Sports ground (between Homebase and the Golf driving range off Canon Lane, Tonbridge). All training fees can be found on the club website, under *TJC term forms and fees*. If a player wishes to train on 2 or more sessions per week there are other more beneficial payment options available.

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Arrangements should be made for your child to travel to and from training sessions and competitions and we ask that your child arrives promptly and is collected promptly at the end of the training sessions. Collection is only from the dojo and not the carpark.

If you are going to be late picking your child up, please contact either;

Chris Bowles on 07733 331338 or Jason Atkinson on 07916 442862 to let them know.

The Club can purchase training kit (Gi) on your behalf. Costs for specific sizes can be obtained from **Chris Bowles or Shelley Riddall**.

Whilst there is a small first aid kit at the club, all players should ensure they have their own first aid kit. As a minimum it should contain plasters and tape.

We ask all new members to complete a membership registration form. For the safety of your child it is important that the Club is informed of any medical condition or allergies that may be relevant in the unfortunate event your child falls ill or is involved in an accident whilst under the supervision of the Club.

If you have any questions regarding your child and their judo, please contact the Junior Coordinator, [Jason Atkinson](#) on [07916 442862](#).

We thank you for your interest and look forward to meeting you at some point in the very near future.

Yours sincerely,

Chris Bowles
Chair & Senior Coach
Tonbridge Judo Club



CLUB MEMBERSHIP FORM

TONBRIDGE JUDO CLUB



We are very pleased to welcome you to Tonbridge Judo Club.

To ensure that we have the correct contact details for you, please insert the information requested below and return this form to **Jason Atkinson**. If you are under 16 please also ask your parents or guardian to sign the form before it is returned. We will also use this information to ensure that you are kept informed about club events.

PERSONAL DETAILS

Name:

Address:.....

.....Postcode:

Home telephone number:Date of birth:.....

Mothers name.....Mobile.....

Fathers name.....Mobile.....

Primary Email (Please Print):

Gender: Male Female School Attended:

In order to help the club monitor its membership can you please tick one of the following boxes to identify your ethnic group:

White..... Mixed

Asian or Asian British..... Black or Black British

Chinese or other ethnic group.....

How did you hear about TJC?

SPORTING INFORMATION

Have you done Judo before?Yes No

If yes, please indicate where you did so below: -

Primary school Secondary school Club County

Local authority coaching session (s) Other (please specify):

Grade (If any): Licence Number:

Date Last graded:

MEDICAL INFORMATION

Please detail below any important medical information that our coaches/junior coordinator should be aware of (e.g. epilepsy, asthma, diabetes, etc).

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EMERGENCY CONTACT DETAILS

Please insert the information below to indicate the person(s) who should be contacted in case of an incident/accident:

Contact name #1 (parent/guardian):

Emergency contact number:

Contact name #2 (parent/guardian/other):

Emergency contact number:

TO BE COMPLETED BY ALL MEMBERS

By returning this completed form, I agree to abide by the rules and regulations of the Club. I also declare that I will be respectful of other members at all times and will participate in the true spirit of Judo.

Signature:

Date:

TO BE COMPLETED BY PARENT/GUARDIAN OF JUNIOR MEMBERS

By returning this completed form, I agree to my son/daughter/child in my care taking part in the activities of the club. I understand that in the event of any injury or illness all reasonable steps will be taken to contact me, and to deal with that injury/illness appropriately.

Name of parent/guardian:

.....

Signature of parent/guardian:

Date:



Judo Club Rules & Disclaimer

1. All persons attending Judo sessions should conduct themselves in a manner, so as not to be intrusive to others and in accordance with the spirit of Judo.
Parents will be held responsible for their children's behaviour at all times.
Please do not stray or allow siblings to walk around premises.
2. Spectator Noise should be kept to a minimum inside the Dojo (Training Hall).
3. **Strictly No Footwear is to be worn on Mats by anybody.**
4. Participating Players must use footwear on every exit of Mat area (i.e. Toilet)
5. No Smoking in Dojo or Grounds.
6. No Eating or Drinking on Mat area.
7. No Bad Language should be used in Dojo.
8. No jewellery should be worn on Mat area.
9. No hard or metallic objects may be worn (This Includes Hair Ties)
10. General Hygiene: As Judo is a close combat sport; a high level of Hygiene is required.
 1. **Judo Suits / Clothing must be clean and odourless**
 2. **Finger and Toe Nails must be kept short and clean.**
 3. **Long Hair must be tied back with cloth/elastic ties only (free of metal/plastic)**

The Coach in charge may revoke membership of any child or adult who can not follow these rules.

All Judo Players or Parents / Guardians of participating children shall be required to sign in agreement with the above rules and the disclaimer below.

I / We have read the rules of conduct stated above and agree to abide by these terms.

I / We take full responsibility in the event of personal injury or loss of personal effects.

Players Name: Parents Signature:

Club Attended: Date Signed:



CODE OF CONDUCT FOR PARENTS & GUARDIANS

TONBRIDGE JUDO CLUB

- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in Judo.
- Set a good example by recognising fair play and applauding the good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials' judgements.
- Support your child's involvement and help them to enjoy their Judo.
- Use correct and proper language at all times.

I/We confirm that we have read and understand the Code of Conduct for Parents/Guardians at Tonbridge Judo club.

I/We also understand that membership of Tonbridge Judo Club can be revoked at any time if any of the above guidelines are broken or ignored.

Signature: _____

Print Name: _____

Date: _____